



RHODE ISLAND DEPARTMENT OF PUBLIC SAFETY Municipal Police Training Academy

*Community College of Rhode Island — Flanagan Campus
1762 Louisquisset Pike, Lincoln, RI 02865-4585
Telephone: (401) 205-2500 — Fax: (401) 205-2501*



Colonel James M. Manni
Superintendent, Rhode Island State Police
Director, Department of Public Safety

Lieutenant Christopher J. Zarrella
Executive Director
Municipal Police Training Academy

RIMPTA Training Announcement

ICISF Registered Peer Support Training

Program Date: June 14th – 17th, 2022

Time: 0830 – 1600 hours

Location: RI Department of Public Safety
RIMPTA Classroom
CCRI Lincoln

Assisting Individuals in Crisis and Group Crisis Intervention

Instructor: Dr. Anne Balboni, Faculty ICISF, Clinical Director RI CISM TEAM.

This four-day training program is registered with the International Critical Incident Stress Foundation (ICISF). Upon completing this course, officers will receive certification in Group Crisis Intervention and Assisting Individuals in Crisis. This training is designed to provide law enforcement with the fundamentals of a specific protocol for individual and group crisis intervention and peer support following the international standard of care for public safety peer crisis response.

The peer support process centers around trained police officers recognizing the various stress and trauma indicators and challenges and assisting their fellow officers through listening, understanding, and providing appropriate referrals. Peer support programs are preventative and serve as early detection mechanisms to help officers deal with life stress and trauma before they become more serious. Peer support programs succeed because officers are more willing to trust and confide in fellow officers. In addition, peer support can help reduce the daily stress of law enforcement work. Peer-to-peer programs have also been proven to reduce the emotional impact of a critical incident.

Program Highlights:

- Understanding psychological crisis and crisis intervention techniques with evidence-based practices
- CISM and the John Hopkins model of Resistance, Resiliency, Recovery continuum
- Critical incident stress management and typical physical, psychological, behavioral, and spiritual crisis reactions
- Crisis communication techniques for peer support crisis intervention
- SAFER-Revised individual model of crisis intervention
- Large group and small group crisis intervention
- Protocol for suicide intervention
- Reducing risks of adverse outcomes associated with crisis intervention
- Practice opportunities

You must attend all hours of this training. At its completion, you will receive *27 Contact Hours: 2.7 General CEUs from the University of Maryland, Baltimore County (UMBC) Dept. of Emergency Health Services Professional and Continuing Education (PACE)*. This is based on a 1 Continuing Education Unit formula for every ten contact/classroom hours.

Who should attend: Department members wishing to join their Peer-to-Peer team, agency members wanting to start a Peer-to-Peer Support team, and current Peer-to-Peer Support team members. Departments should select participants who will, at a minimum, actively use this training to provide support services for their sponsoring department. **The Statewide Law Enforcement Peer Support Team asks that one member of each agency who attends this training serve on a Statewide Law Enforcement Peer Support Advisory Council planned for 2022. This council will meet quarterly to discuss further initiatives in direct support of the Rhode Island Police Chiefs' Twenty for 2020 Promise of an increased focus on officer wellness.**

This training is free of charge to Rhode Island Law Enforcement, made possible through grant funding allocated to Officer Wellness by the Public Safety Grant Administration Office, received as Coronavirus Emergency Supplemental Funding. Limit of 30 officers.

Registration: Please see attached registration form that can be faxed or emailed to Mrs. Donna Lavalley at the Police Academy at donna.lavalley@risp.gov or fax @ 401-205-2501. RSVP by June 3, 2022.

Questions: Please reach out to the Director of Continuing Education, Stephen Lombardi, at stephen.lombardi@risp.gov, or 401-205-1678.

Uniform of the day or Casual Business Attire is required for this training.



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Peer Support Training

PLEASE PRINT CLEARLY

Course Title:		Police Department/Agency: (name and full address)	
Peer Support Training			
Course Dates/Location: June 14-17, 2022 0830 – 1600 hours RIMPTA Classroom CCRI Lincoln Campus	Contact Person (Supervisor):	Department/Business Phone:	
PARTICIPANT(S) NAME & RANK			
1 st Selection:			
Email Address:			
2 nd Selection:			
Email Address:			
3 rd Selection:			
Email Address:			
<u>Please FAX or Email this form to the attention of:</u>			
Mrs. Donna Lavalley at (401) 205-2501 or donna.lavalley@risp.gov , by Friday, June 3, 2022.			
For any questions regarding the training, please contact Steve Lombardi, Director of Continuing Education, at (401) 205-1678 or stephen.lombardi@risp.gov .			